

St. Teresa of Calcutta School

Lunch Menu

May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
WG Muffin, Fruit, Yogurt, Juice WG Popcorn Chicken, Mixed Vegetables, Pears	WG Pancake Sausage Stick, Fruit, Yogurt, Juice WG Pizza, Peas, Peaches	WG Long John, Fruit, Yogurt, Juice WG Mini Corn Dogs, Cheesy Vegetables, Apple Slices	WG Cereal, Fruit, Yogurt, Juice WG Chicken Nuggets, Peas, Sidekick	WG UBR, Fruit, Yogurt, Juice WG Cheeseburger, Fries, Pineapple
10	11	12	13	14
WG French Toast Sticks, Fruit, Yogurt, Juice WG Chicken Patty, Mixed Vegetables, Pears	WG Breakfast Pizza, Fruit, Yogurt, Juice WG Loaded Nachos, Corn, Oranges	WG Cereal, Fruit, Yogurt, Juice WG Pork Rib Sandwich, Chips, Green Beans, Grapes	WG Cinnamon Roll, Fruit, Yogurt, Juice WG Chicken and Noodles, WG Breadstick, Peas, Banana	WG Long John, Fruit, Yogurt, Juice WG Tacos, Cheesy Vegetables, Sidekick
17	18	19	20	21
WG Breakfast Pizza, Fruit, Yogurt, Juice WG Pork Tenderloin, Baked Beans, Mandarin Oranges	WG Cereal, Fruit, Yogurt, Juice WG BBQ Nachos, Green Beans, Applesauce	WG Muffin, Fruit, Yogurt, Juice WG Pizza, Chips, Carrots, Pineapple	Cook's Choice	 Sack Lunch for Olympic Day
24	25	26	27	28
WG Cereal, Fruit, Yogurt, Juice WG Mini Corn Dogs, Cheesy Vegetables, Apple Slices	Cook's Choice	<h2>Have a safe and fun Summer!</h2>		
30	31			

Each lunch that is served follows the SFSP and USDA guidelines. Each lunch contains at least the minimum amounts required by the SFSP in the following components: All 5 components are served for a lunch.

*2 oz Meat/Meat Alternative *1 oz Grain *½ Cup Fruit *½ Cup Vegetable *8 oz Milk

Each breakfast that is served follows the SFSP and USDA guidelines. Each breakfast contains at least the minimum amounts required by the SFSP in the following components: 4 of the 5 components are served for a breakfast.

*1 oz Meat/Meat Alternative *1 oz Grain *½ Cup Fruit *½ Cup Vegetable *8 oz Milk

All menus subject to change. St. Teresa of Calcutta School is an equal opportunity provider.