St. Teresa of Calcutta
October 2019

Mon	Tue	Wed	Thu	Fri
	1 Pancake sausage stick, juice, yogurt Pork rib on WG bun, peas, pears	2 Egg and sausage patty, toast, juice, yogurt Chicken fajitas on WG , shell, baked beans, applesauce	3 Breakfast cookie, fruit, yogurt Chicken and gravy over mashed potatoes, Cal blend, strawberries	4 Cereal; toast, OJ, yogurt Shrimp mates, tater tots, fresh fruit
7 Mini pancakes, fruit, yogurt Chicken alfredo, green beans, peaches	8 Breakfast pizza, juice, yogurt Hamburger on WG bun, french fries, pears	9 Muffins, fruit, yogurt Hot ham & cheese on WG bun, corn, applesauce	10 Omelet, toast, OJ, yogurt Salisbury steak, mashed potatoes, carrots, fruit salad	11 French toast sticks, fruit, yogurt Popcorn chicken, baked beans, fresh fruit,
14 Cereal, toast, juice, yogurt Pizza, on WG crust, green beans, peaches	15 Pancake sausage sticks, juice, yogurt Sub sandwich on WG bun, cr. rice, peas, applesauce	16 Egg and sausage patty, toast, juice, yogurt Tacos on WG shell, corn, pears	17 Breakfast cookie. Fruit, yogurt Ham slice, mashed potatoes, Cal. Blend, apple crisp	18 Bagel, fruit, yogurt Fish nuggets, baked beans, fresh fruit
21 NO SCHOOL	22 Mini pancakes, fruit, yogurt Chicken patty on WG bun, hash browns, pears	23 Breakfast pizza, juice, yogurt Mexican straw hats, WG tortilla chips, corn, mandarin oranges	24 Muffins, fruit, yogurt Breaded pork steak, mashed potatoes, carrots, strawberries	25 Omelet, toast, OJ, yogurt Mini corn dogs, baked beans, fresh fruit
28 French toast sticks, fruit, yogurt Chili, peaches, cinnamon roll	29 Cereal, toast, juice, yogurt Sloppy Joes, French fries, pears	30 Pancake sausage sticks, fruit, yogurt Mandarin orange chicken over rice or chicken nuggets, corn, applesauce	31 Egg and sausage patty, toast, juice, yogurt Scalloped Potatoes and ham, carrots, fruit salad	

Breakfast; PK3 – 8th grade: $1.30 per day
All: Reduced 30¢ per day

Lunch PK3 – 8th grade: $2.30 per day
All: Reduced 40¢ per day

Milk 45¢ per carton (afternoon snack K-3)

All Guest Lunches $3.75

Milk is served with all meals. Fresh carrots, broccoli, cauliflower and/or celery are offered with all lunches. Peanut butter sandwich option. All menus subject to change.

St. Teresa of Calcutta School is an equal opportunity provider.