



St. Teresa of Calcutta School







♥ Happy Valentines Day ♥

Lunch Menu

February 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
WG Pancake Sausage Stick, Fruit, Yogurt, Juice WG Chicken Nuggets, Curly Fries, Corn, Apple Slices, Ice Cream	WG Waffle, Fruit, Yogurt, Juice WG Pizza, French Fries, Sidekick, Oreo Pudding	WG Cereal, Fruit, Yogurt, Juice WG Bacon Cheeseburger, Chips, Orange Slices, Brownies	WG Yogurt Parfait, Fruit, Yogurt, Juice WG Loaded Nachos, Green Beans, Grapes, Cookies	WG Muffin, Fruit, Yogurt, Juice WG Hot Dog, Grapes, Carrots, Jello Cake
8	9	10	11	12
WG Breakfast Pizza, Fruit, Yogurt, Juice WG Chicken Strips, Steamed Broccoli, Orange Slices, WG Cinnamon Roll	WG Cinnamon Roll, Fruit, Yogurt, Juice WG Hot Ham & Cheese, Baked Beans, Mandarin Oranges	WG French Toast Sticks, Fruit, Yogurt, Juice Chili, WG Cinnamon Roll, Pineapple, Sidekick	WG UBR, Fruit, Yogurt, Juice Cook's Choice	 NO SCHOOL
15	16	17	18	19
 NO SCHOOL	 NO SCHOOL	 WG Cereal, Fruit, Yogurt, Juice WG Chicken Patty, Corn, Applesauce, Chips	 WG Yogurt Parfait, Fruit, Yogurt, Juice WG Tacos, Rice, Cooked Carrots, Banana	WG Long John, Fruit, Yogurt, Juice WG Pizza, Mixed Vegetables, Cottage Cheese, Peaches
22	23	24	25	26
WG Breakfast Pizza, Fruit, Yogurt, Juice WG Pork Rib Sandwich, Tator Tots, Peaches	 WG Cinnamon Roll, Fruit, Yogurt, Juice Taco Soup, WG Tortilla Chips, Corn, Apple Slices	WG French Toast Sticks, Fruit, Yogurt, Juice WG Popcorn Chicken, Baked Beans, String Cheese, Sidekick	WG UBR, Fruit, Yogurt, Juice WG Cheeseburger, Fries, Grapes, Yogurt	 WG Muffin, Fruit, Yogurt, Juice WG Chicken Noodle Soup, Bologna Sandwich, Mandarin Oranges

Each lunch that is served follows the SFSP and USDA guidelines. Each lunch contains at least the minimum amounts required by the SFSP in the following components: All 5 components are served for a lunch.

*2 oz Meat/Meat Alternative *1 oz Grain *½ Cup Fruit *½ Cup Vegetable *8 oz Milk

Each breakfast that is served follows the SFSP and USDA guidelines. Each breakfast contains at least the minimum amounts required by the SFSP in the following components: 4 of the 5 components are served for a breakfast.

*1 oz Meat/Meat Alternative *1 oz Grain *½ Cup Fruit *½ Cup Vegetable *8 oz Milk

All menus subject to change. St. Teresa of Calcutta School is an equal opportunity provider.

